

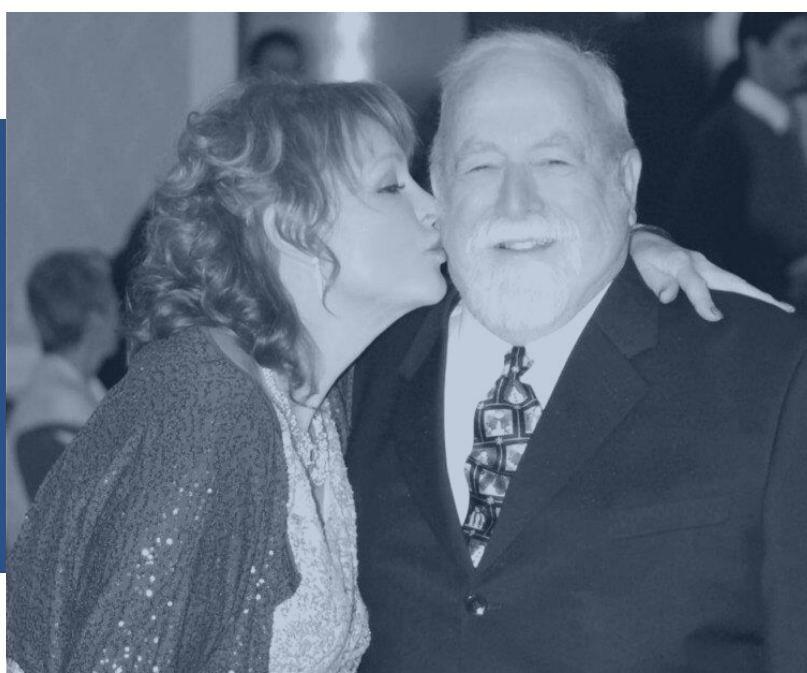


YOUR LEGACY. YOUR COMFORT.



What's the Serenity First difference?

At Serenity First, you are the center of our focus. We pride ourselves on expert and innovative hospice care in the heart of Richmond, Virginia. Founded by a local nurse, we proudly support and utilize local businesses and services.



Founder, Debbie Johnston, with her father, "Pappy," whose personal hospice journey inspired her to open Serenity First Hospice Care.

What types of services are offered?

We provide care that is all inclusive, and encompasses every need of the patient. We treat the whole patient, as well as their family and support system. We provide innovative services such as Telehealth, music therapy, legacy parties, pet therapy, spiritual guidance, massage therapy and more.

Don't do it alone, call Serenity First today.

804-562-5777

www.serenityfirsthospice.com

Services

Comprehensive Care

We provide care that is all inclusive, and encompasses every need of the patient, from physical and emotional needs, to medical care, and more.

Clinical Care

Your clinical care will be provided by a team of caring professionals, including a Medical Director, Nurse Practitioner, Registered Nurse, Home Hospice Aide, Medical Social Worker, Chaplain, and volunteers.

Spiritual Guidance

Our hospice Chaplain leads one of the most vital components of a patient's care, the care of the spirit. Regardless of what faith a patient may practice, we will help them find solace and peace, emotionally and spiritually, while in our care.

Telehealth

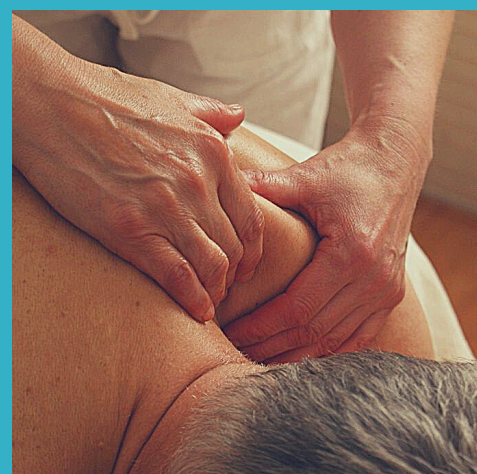
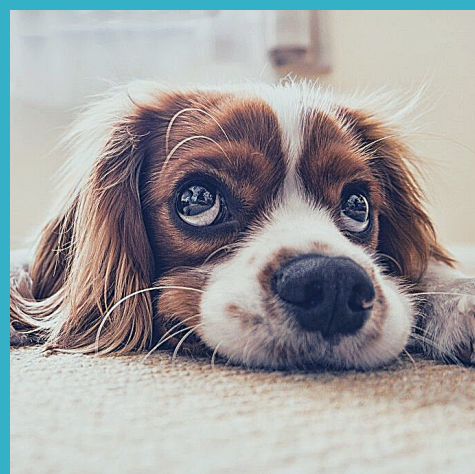
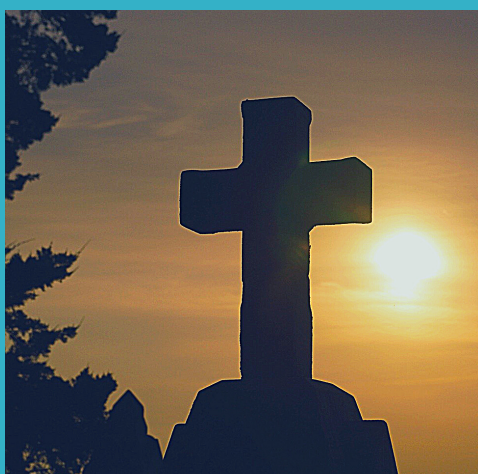
Serenity First's innovative Telehealth options can bring care to patients with simple-to-use technology, and can also help their families stay connected with their care team.

Massage Therapy

Hospice massage is a natural treatment that can help patients find peace and relaxation. Massage therapy can reduce stress and anxiety, stabilize heart rate, lower blood pressure, release endorphins, and provide a feeling of being cared for.

Pet Therapy

Since a primary goal of hospice services is comfort care, Pet Therapy is an ideal option for providing comfort to patients who often feel isolated. Simply cuddling or petting an animal can reduce anxiety, lower blood pressure and heart rate, and ease depression.



Music Therapy

The power of music is undeniable, especially for patients in end-of-life care. A song from the past can bring life to a patient's eyes that their families may have not seen in years. Music therapy can bind with other healing efforts to address the physical, emotional, cognitive, and social needs of hospice patients.

Legacy Parties

Legacy parties are a fun and inspirational way to ensure that a patient's life is celebrated, while surrounded by their loved ones. A milestone is picked for the patient, such as a birthday, and close friends and family gather to celebrate the patient's life, creating an incredibly uplifting experience.

Remembrance Molds

Remembrance hand molds are a special keepsake that provide a permanent reminder of a loved one. This three-dimensional replica of a patient's hand joined to another's hand, is a loving tribute that allows a patient's legacy and memory live on long after they are gone.

Family Services

Terminal illness of a family member puts strain and stress on loved ones, and we understand the difficulty in coping with that stress. Supporting a patient's family is part of their comprehensive care, and we offer a number of resources to support families such as counseling, bereavement services, and more.

Funeral Planning

Planning a funeral is never easy, and we want to lift that burden from the shoulders of grieving families. We partner with local funeral homes to help families make arrangements, and work with the funeral director to ensure that families don't have to experience planning alone.